



NEWS RELEASE

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New WIC Guidelines and Information

The WIC program at the Platte County Health Department provides services to pregnant women, new mothers, infants and children up to five years of age who are at risk for poor nutrition. Services are based on medical and income eligibility.

Missouri WIC Income Guidelines, which are based on 185% of poverty level, have changed. Beginning April 1, 2009 through March 31, 2010, a family of two is eligible for WIC services if gross income does not exceed \$26,955 annually, \$2,247 monthly or \$519 weekly. For each additional family member living in the household, the family can earn an additional \$6,919 annually, \$577 monthly, or \$134 weekly and still be eligible for the program. Please note that a pregnant woman is counted as **two** family members.

The Platte County Health Department's WIC budget now permits 1,890 clients to be seen each month. New food packages will be available beginning October 1, 2009. These new packages will include fruits and vegetables for adults, children and babies.

August is World Breastfeeding month. The Platte County Health Department will be celebrating World Breast Feeding Month with an Open House in the WIC Department on August 5, 2009, from 1-3 at the Parkville location, 1201 East Street, Parkville, MO 64152.

For more information on WIC services or income guidelines, please call 816.587.5998 or visit our website at www.plattecountyhealthdept.com.

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